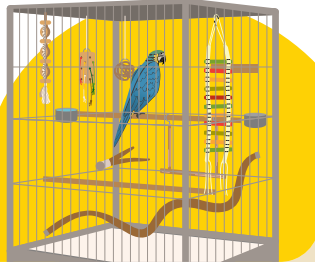


8 WAYS TO BE A GOOD PARROT OWNER

1 Give Your Parrot a Large Cage

Your parrot should be able to fully extend its wings and move around easily.



2 Keep Your Parrot's Cage in a Safe Environment

Keep your parrot safely indoors and away from harsh weather, smoke, toxic fumes, and other larger pets. Keep your windows meshed or closed to prevent your parrot from escaping.



3 Create an Enriching Environment for Your Parrot

Provide varied perches and toys for foraging and chewing. Establish routines for feeding, play, and rest. Reward quiet behaviour instead of responding to screaming, and offer mental stimulation to reduce vocalisation.



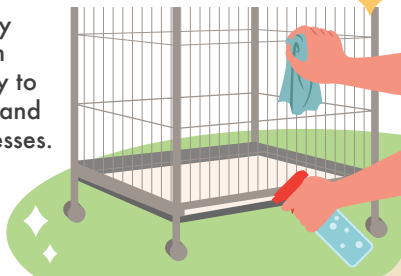
4 Provide An Appropriate Diet and Fresh Water

Offer nutritionally well-balanced pellets and fresh foods to ensure your parrot's health. Certain species may also need nectar and flowers in their diet. Avoid a diet of mainly seeds to prevent obesity, nutritional deficiencies and other health complications.



5 Clean Your Parrot's Cage Regularly

Spot clean daily and deep clean when necessary to reduce odours and the risks of illnesses.



6 Spend Quality Time with Your Parrot

Play, train, and interact with your parrot outside of its cage to bond with it. Ensure constant supervision when your parrot is outside the cage. Take the opportunity to check it for any signs of illness.



7 Maintaining Your Parrot's Health

Provide perches of varying diameters and textures to allow natural wearing of your parrot's nails and beak. Consult your veterinarian before trimming overgrown nails and beaks. Provide regular opportunities for showers or baths with water.



8 Bring Your Parrot for Regular Vet Visits

Parrots tend to hide signs of illnesses, making regular veterinary check-ups essential for early detection and prevention. Bring your parrot to a vet experienced in parrot care.



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